SUN DAMAGE & UV PROTECTION

Sun exposure has a detrimental effect on the skin, as UVA, UVB, and infrared A rays all penetrate the skin and cause damage to the cells and their DNA. On the surface, sun damage manifests as fine lines, wrinkles, hyperpigmentation, laxity, and rough texture, but a far greater threat is the consequence of damage within the skin: Skin cancer.

Using a broad spectrum sunscreen with at least a SPF 15 daily is essential for preventing sun damage, premature signs of aging, and even skin cancer, when used with proper sun protection measures. Recent research has provided indisputable proof that sunscreen is an effective anti-aging product. According to an Australian study people who apply SPF 15+ daily showed 24% less skin aging than those that did not (as measured by lines and skin coarseness).*

Discover SkinCeuticals sun protection solutions >

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FEATURED PRODUCT

BROAD SPECTRUM SUNSCREENS

A “broad spectrum” sunscreen shields skin from UVA (“aging”) and UVB “burning” rays. SkinCeuticals offers sunscreens for various skin types and lifestyles, including 100% mineral-based protection. With a high safety profile, these filters are ideal for long-term daily use and all skin types, even sensitive and post-procedure skin.

Explore SkinCeuticals sunscreens >

PRODUCT REGIMEN

SHEER PHYSICAL UV DEFENSE SPF 50 + C E FERULIC®

SkinCeuticals Sheer Physical UV Defense SPF 50 provides broad spectrum, high UV protection with physical sunscreen filters. The ultra-sheer texture is ideal for all skin types and leaves a matte finish with no residue. It also contains Antioxidant Salvia, which is proven in vitro to increase skin’s resistance to UV and heat stress while protecting collagen from damage.

Learn more about Sheer Physical UV Defense SPF 50 >

But sunscreen only blocks up to 55% of UV-induced free radicals. * Daily use of an antioxidant serum and broad spectrum sunscreen provides complete skin protection.

C E Ferulic’s potent combination of vitamin C, vitamin E, and ferulic acid offers advanced environmental protection against UV- and RA-induced free radicals, supports collagen production, replenishes skin lipids, and reduces fine lines and wrinkles.

Learn more about C E Ferulic >

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PROFESSIONAL TIPS

SUN PROTECTION MEASURES

Sun exposure increases your risk of skin cancer and early skin aging. To decrease this risk, regularly use a sunscreen with a broad spectrum SPF value of 15 or greater and reaply at least every 2 hours especially when sweating, swimming, and immediately after towel drying. You can further protect your skin by limiting time in the sun (especially from 10am to 2pm) and wearing long sleeved shirts, pants, hats, and sunglasses. It is also imperative to stay away from indoor tanning beds.

Learn more about SkinCeuticals sunscreens >